



NATURAL GARLAND

Making a garland can be a fun way to create a decoration for your trees (inside or out), mantel or windows.

■ STEP-BY-STEP DIRECTIONS

1. Decide what look you are going for and what materials you need/can access. Will it be a long garland that stretches sideways or will it be a series of garlands that hang down?
2. Tie a knot in your string and proceed to string your items. For some materials, like cranberries, orange slices or other food materials, you will need to thread the needle, inserting into an item and threading the item along the string. For cones you may need to tie the string around one end.
3. Once it is as long as you would like, tie a knot at this other end.
4. Wrap your garland around your Christmas tree or outdoor trees to welcome winter, celebrate the winter solstice or just pretty up the garden! Place indoors along mantels or suspend in window.

■ TIPS

- Fresh cranberries can squirt juice so you may wish to do this on a washable table cloth or counter that is easily wiped.

■ LEARN MORE

Learn more about helping Canadian wildlife in your backyard at CanadianWildlifeFederation.ca/Gardening

■ MATERIALS LIST

- Strong thin string
- Natural items such as:
 - » fresh cranberries
 - » dried orange slices
 - » popcorn
 - » pine or spruce cones
- Sewing needle with a suitably-sized eye for threading your string