

# Virtual Land Art BioBlitz Participant Package 2020

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## Welcome!

Thank you for joining us in our first ever Virtual Land Art BioBlitz.

This is our 6th BioBlitz, which usually takes place at Wintergreen Studios, in the heart of the Frontenac Arch Biosphere.

With this online format, we are expanding our reach across the country and beyond! We are so grateful for your participation and encourage you to use this time to connect with the incredible diversity of beings in your neighbourhood.

With appreciation,  
Jess, Monica, and Rena  
Wintergreen Studios

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# Ways to Participate



1

## **VIEW A LIVE PRESENTATION ON ZOOM**

[Click here for schedule and Zoom links](#) or see pages 3-9.

2

## **JOIN OUR PROJECT ON INATURALIST AND SUBMIT YOUR NATURE SIGHTINGS**

Learn how to join iNaturalist on pages 10-11.

3

## **WATCH A PRE-RECORDED VIDEO FROM WINTERGREEN STUDIOS AND SPECIAL GUESTS**

[Click here to see our video library.](#)

4

## **MAKE ART FROM THE LAND**

[Click here to see our land art suggestions.](#)

5

## **GO ON A SELF-GUIDED HIKE**

[Click here to see our outdoor activity suggestions.](#)

# Schedule of LIVE Events

## Friday, June 5th



### **9:45 AM | Welcome and Opening Ceremony (10 minutes)**

Rena Uptis, Executive Director, Wintergreen Studios

ZOOM LINK: <https://us02web.zoom.us/j/86951648624> | MEETING ID: 869 5164 8624

Join Rena Uptis as she welcomes you to the Virtual Land Art BioBlitz and shares how to participate in this 3-day event. Rena will be joined by event partner James Pagé from the Canadian Wildlife Federation.

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### **10 AM | Reptiles & Amphibians of Ontario (45 minutes)**

Kenny Ruelland, Reptile and Amphibian Advocacy

ZOOM LINK: <https://us02web.zoom.us/j/86292642821> | MEETING ID: 862 9264 2821

Kenny will show you his collection of reptile and amphibians at home, and give tips on how to find herps in the field with ethics at the forefront.

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### **11 AM | Getting Started on iNaturalist (45 minutes)**

Geoff Carter, iNaturalist enthusiast

ZOOM LINK: <https://us02web.zoom.us/j/83521346011> | MEETING ID: 835 2134 6011

iNaturalist is a worldwide app that is used to document the location of species of all kinds. It is a useful tool for a BioBlitz or every day! This workshop will go over how to get the most out of this app, and how we will be using it during the Wintergreen Land Art Bioblitz this year.

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## **Continued...**

# Schedule of LIVE Events

## Friday, June 5th



### **1 PM | Backyard Foraging with Wild Foragers Society (45 minutes)**

Lee Earl, Wild Foragers Society

ZOOM LINK: <https://us02web.zoom.us/j/89204467635> | MEETING ID: 892 0446 7635

Join us to learn some foraging basics and how to start with safe and respectful foraging practices! We will explore 5 common plants and share some ideas and inspiration for how you might enjoy them as snacks, spices, and more! There will be a Q&A for people interested in connecting live.

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### **2 PM | The (Humming)birds and the Bees: A Teenager's Step By Step Guide to Changing the World (45 minutes)**

Jason Liao

ZOOM LINK: <https://us02web.zoom.us/j/84235340055> | MEETING ID: 842 3534 0055

In this session we will be covering the importance of bees (and other pollinators), why they're in danger, and some ways we can help them. In the second half, I'll be sharing my personal experiences as a teenaged social entrepreneur, and discuss how youth can make a big difference in the issues they care about – while having tons of fun!

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### **3 PM | Lessons in a Backpack (45 minutes)**

Kelly McGann, Frontenac Arch Biosphere Network

ZOOM LINK: <https://us02web.zoom.us/j/87304679713> | MEETING ID: 873 0467 9713

View a pre-recorded video on the Lessons in a Backpack program and then join Kelly for a live Q&A. Learn how to use the lessons at home to get your young learners exploring the natural world around them.

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## **End of June 5th Live Sessions**

# Schedule of LIVE Events

## Saturday, June 6th



### **9:45 AM | Welcome (10 minutes)**

Rena Uptis, Executive Director, Wintergreen Studios

ZOOM LINK: <https://us02web.zoom.us/j/83355485421> | MEETING ID: 833 5548 5421

Rena Uptis will welcome you to Day Two of the Virtual Land Art BioBlitz. You will hear a schedule overview and learn how to participate in the event.

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### **10 AM | A Taste of Virtual Forest Therapy (50 minutes)**

Stand Luxford Oddie

ZOOM LINK: <https://us02web.zoom.us/j/81630330407> | MEETING ID: 816 3033 0407

Stana Luxford Oddie is a certified ANFT Forest Therapy Guide, Mentor and Trainer. She will offer a taste of Forest Therapy from the comfort of your own backyard, porch or by a window. You need a charged device, comfortable clothing, weather appropriate clothing, something to sit on, tea and a snack for the end.

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### **11 AM | Wildlife Rehabilitation in Spring (45 minutes)**

Leah Birmingham, Sandy Pines Wildlife Centre

ZOOM LINK: <https://us02web.zoom.us/j/84271152429> | MEETING ID: 842 7115 2429

Go on a live virtual tour of Sandy Pines Wildlife Centre and meet wildlife patients currently in care. You'll learn about common injuries and illnesses that bring animals to the centre and what you can do to keep animals safe in your community. A live Q&A will follow the tour.

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## **Continued...**

# Schedule of LIVE Events

## Saturday, June 6th



### 12 PM | Mukbang with Rena Upitis (30 minutes)

Rena Upitis, Executive Director, Wintergreen Studios

ZOOM LINK: <https://us02web.zoom.us/j/82210740890> | MEETING ID: 822 1074 0890

Have a virtual lunch with Rena Upitis! Ask Rena questions about operating an off-grid wilderness retreat centre, cordwood construction, wild edible cooking, her new venture into shipping container building, and more.

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### 1 PM | Outdoor Survival Skills 101 (45 minutes)

Walt Sepic, Firefly Adventures

ZOOM LINK: <https://us02web.zoom.us/j/81051186512> | MEETING ID: 810 5118 6512

A.k.a. "how not to die in the wilderness!" Walt will demonstrate how to build a debris shelter to protect you from the elements and a fire for warmth and signalling.

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### 2 PM | Found Sound: Making Music Using Natural Materials (45 minutes)

Jesse Stewart, Musician/Artist/Educator

ZOOM LINK: <https://us02web.zoom.us/j/85094016781> | MEETING ID: 850 9401 6781

Jesse Stewart will discuss and demonstrate some of the ways in which he makes music using natural materials.

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### 3 PM | What's Buzzing at Wintergreen Studios!? (45 minutes)

Alex Pedersen, Limestone Beekeepers' Guild

ZOOM LINK: <https://us02web.zoom.us/j/82497327245> | MEETING ID: 824 9732 7245

If you want to know what the buzz about bees is all about, join resident beekeeper Alex Pedersen for a live Q&A as she shares what's happening in the hives at Wintergreen Studios.

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## End of June 6th Live Sessions

# Schedule of LIVE Events

## Sunday, June 7th



### **9:45 AM | Welcome (10 minutes)**

Rena Uptis, Executive Director, Wintergreen Studios

ZOOM LINK: <https://us02web.zoom.us/j/86557006899> | MEETING ID: 865 5700 6899

Rena Uptis will welcome you the final day of the Virtual Land Art BioBlitz. You will hear a schedule overview and learn how to participate in the event.

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### **10 AM | The Canada-Wide Buzz about BEE CITY CANADA (45 minutes)**

Shelly Candel, Bee City Canada

ZOOM LINK: <https://us02web.zoom.us/j/83605613424> | MEETING ID: 836 0561 3424

What's all the buzz about Bee City Canada? Find out what you can do to help protect pollinators. Learn more about Bee Schools, Bee Cities, a Bee Golf Course, and the Pollinator Protector Pledge.

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### **11 AM | Confessions of a Nature Photographer (45 minutes)**

Bryan Scholes, Photographer

ZOOM LINK: <https://us02web.zoom.us/j/88416082782> | MEETING ID: 884 1608 2782

Bryan will share stories about his path to becoming an active nature photographer. Although he takes photos of anything in the natural world, he will focus his talk on bird photography in the southeastern Ontario area. There will be a bit about the gear, some techniques and things to think about, and what he is working at to improve his photography, especially in creating artistic shots of critters and plants in their natural settings.

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## **Continued...**

# Schedule of LIVE Events

## Sunday, June 7th



### **1 PM | Healing the Earth – Healing Ourselves (45 minutes)**

Kevin Fell, HOZA!

ZOOM LINK: <https://us02web.zoom.us/j/81648515913> | MEETING ID: 816 4851 5913

Join Kevin Fell, personal and societal development facilitator, in a moderated conversation about how we perceive the natural world, and our relationship with it, to be currently altered or changing. If you are interested in strategies for finding more peace, happiness and balance in your life, Kevin offers practical guidance and resources at this unique time in our personal journeys and collective history.

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### **2 PM | The Frontenac Arch (45 minutes)**

Megan Quinn, Nature Conservancy of Canada

ZOOM LINK: <https://us02web.zoom.us/j/83138244714> | MEETING ID: 831 3824 4714

The Frontenac Arch is not just a ridge of granite that connects the Canadian Shield and the Adirondack Mountains, it's an important, ecologically sensitive area. Join the Nature Conservancy of Canada's Coordinator of Conservation Biology for Eastern Ontario, Megan Quinn, to learn what makes the Frontenac Arch so special. The webinar will cover the ecology of the Frontenac Arch, the species that call it home, what the Nature Conservancy of Canada is doing to protect it, and what you can do at home to help this extraordinary local biosphere reserve thrive.

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**Continued...**



# Schedule of LIVE Events

## Sunday, June 7th



### **3 PM | The House the Spirit Builds (45 minutes)**

Lorna Crozier, Poet | Peter Coffman and Diane Laundry, Photographers

ZOOM LINK: <https://us02web.zoom.us/j/85200788373> | MEETING ID: 852 0078 8373

The House the Spirit Builds explores human-crafted and natural landscapes at Wintergreen through poetry and photography. Poet Lorna Crozier will read a selection of poems that are paired with photographs by Peter Coffman and Diane Laundry. While acknowledging the loss and suffering that infuse our days, the poems and photographs invite us to expand our sense of wonder, our sense that all things are connected, no matter where we live. After live streaming the poems and photos, participants will be invited to join a Q&A with all three artists.

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### **4 PM | Closing Ceremony (15 minutes)**

Rena Upitis, Monica Capovilla, and Jess Pelow, Wintergreen Studios

ZOOM LINK: <https://us02web.zoom.us/j/83025166046> | MEETING ID: 830 2516 6046

Join the Land Art BioBlitz planning team for a look at the live species count on iNaturalist and a few closing words.

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## **End of Live Sessions**



# Join iNaturalist.ca

"iNaturalist is a place where you can record and share what you see in nature, meet other nature watchers, and learn about Canada's wildlife. By participating as a citizen scientist you can contribute to a growing wealth of knowledge of Canadian species and help conserve our natural world." — iNaturalist.ca

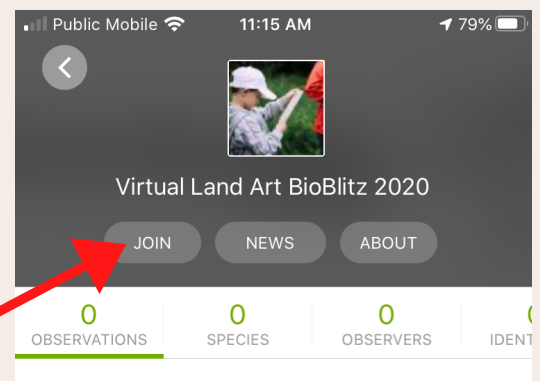
## [CLICK HERE TO JOIN OUR PROJECT AND SUBMIT YOUR NATURE SIGHTINGS](#)

**Project Title:** Virtual Land Art BioBlitz 2020

### App Instructions

1. Download the **free** iNaturalist app on your Apple or android device.
2. Create a **free account** or sign in to an existing account.
- 3a. **APPLE APP:** Click '**More**' in the bottom right corner and click '**Projects**'. Click the magnifying glass in the top right corner to search for our project. In the search bar, type "**Virtual Land Art BioBlitz 2020**" and select our project. Click '**Join**' under the project title.
- 3b. **ANDROID APP:** Click the three bars in the top left corner and click '**Projects**'. Search for "Virtual Land Art BioBlitz 2020" and select our project. Click '**Join**' under the project title.

**Any observations you make from June 5-12, 2020 will be automatically added to our project after you click Join.**

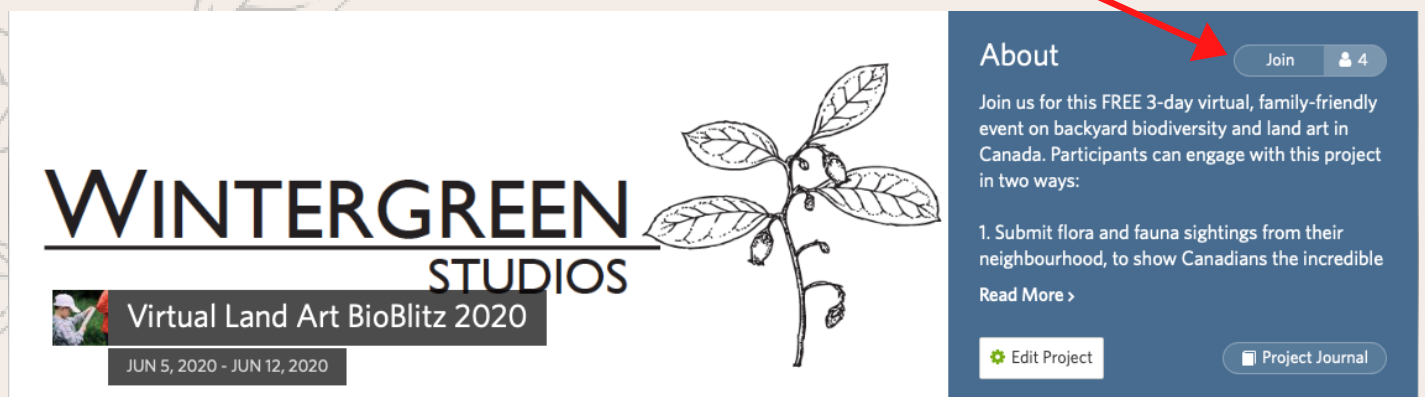


# Join iNaturalist.ca

## Browser Instructions

1. Go to [inaturalist.ca](https://inaturalist.ca)
2. Create a **free account** or sign in to an existing account.
3. Look for '**Community**' on the top header of the home page.
4. Hover over 'Community' and click '**Projects**' in the dropdown menu.
5. In the search bar, type '**Virtual Land Art BioBlitz 2020**' and click 'Go'.
6. Click on the project titled '**Virtual Land Art BioBlitz 2020**'.
7. Click '**Join**' in the top right corner of the '**About**' section.

Any observations you make from **June 5-12, 2020** will be automatically added to our project after you click **Join**.



The screenshot shows the project page for 'Virtual Land Art BioBlitz 2020' on iNaturalist. The left side features the project title 'WINTERGREEN STUDIOS' in large, bold, black letters, with 'Virtual Land Art BioBlitz 2020' and the dates 'JUN 5, 2020 - JUN 12, 2020' below it. To the right is a botanical illustration of a branch with leaves and small berries. The right side of the page is a dark blue sidebar with the heading 'About'. Below the heading is a paragraph describing the event: 'Join us for this FREE 3-day virtual, family-friendly event on backyard biodiversity and land art in Canada. Participants can engage with this project in two ways:'. Below this is a numbered list starting with '1. Submit flora and fauna sightings from their neighbourhood, to show Canadians the incredible'. There are two buttons: 'Edit Project' with a gear icon and 'Project Journal' with a book icon. A red arrow points from the text 'Click here' in the instructions to the 'Join' button in the top right corner of the 'About' section.

[Click here for video tutorials on how to make observations on iNaturalist!](#)

# Using **Zoom**

The following offers tips on how to use Zoom during our LIVE sessions.



1. Acquire a device with internet, such as a computer or smart phone.
2. Download the **free Zoom app** on your computer or phone in order to join a live session. [Click here to download in advance.](#)
3. Click the **Zoom link in the schedule above** to join the live session at the start time. You may also use your phone to call in and listen to the session. [Click here for dial-in numbers.](#) Use the meeting ID provided with each session to join.
4. If you have any questions for the presenter during the session, click **Q&A**. On a computer, this button is on the bottom bar of your Zoom window. Simply type in your question and click 'Send'. On a phone, click "**Ask a Question**" at the top of the screen and hit '**Send**'.
5. If you have any **technical difficulties** during the presentation, click **Chat** at the bottom of your screen and select "All Panelists" from the dropdown menu. Type and submit your comment here.

## **Additional Notes**

Your video and microphone will be automatically turned off when you join a live session.

All video sessions will be **recorded** and uploaded onto YouTube after the event with the exception of 'A Taste of Virtual Forest Therapy' on Saturday, June 6th at 10 AM.

# Contact

**Jess Pelow, Project Coordinator**

info@wintergreenstudios.com

**Monica Capovilla, Program Director**

wintergreenstudiosbioblitz@gmail.com

## Volunteers

Alyssa Scott  
Bryan Scholes  
Jessica Sauve

## Video Editing

Dominique Boily  
Jeff Young

## Partners & Sponsors

2015-2020



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